

tampabay.com
Know it now.



Tampa Bay's Top 100 Restaurants: lunch spots



Restaurant critic Laura Reiley dined out for nearly 200 meals this past year. We think that makes her more than qualified to tell you some of the best places to eat in Tampa Bay. As we roll out her Top 100 Restaurants over the next few days, here are her picks for lunch spots. Your fave's not listed? Let us know in the comments section.

Best lunch

BellaBrava launched a new lunch menu recently, nothing over \$10, with panini, piadina (a pressed flatbread sandwich) and flatbread pizzas that make the noontime meal something of a party. And in Tampa the West Shore district has a compelling reason to sneak away from the office: Roy's has begun offering lunch for the first time, from the \$22 prix-fixe "power lunch" splurge (short ribs, blackened ahi or grilled salmon with a salad, rice and other fixings) to a more economical "canoe for two" sampler (\$18, with pot stickers, beef and gorgonzola sui mai, shrimp cocktail and Szechwan ribs).

[BellaBrava](#), above, 515 Central Ave., St. Petersburg; (727) 895-5515, bellabrava.net

[Roy's Restaurant](#), 4342 W Boy Scout Blvd., Tampa; (813) 873-7697. roysrestaurant.com

January 13, 2009 in [Top 100 Restaurants 2009](#) | [Permalink](#) | [Comments \(0\)](#)

http://blogs.tampabay.com/dining/top_100_restaurants_2009/index.html